



DALISIA COPPERSMITH

Keynote Speaker & Leadership Coach

Looking to give your audience an eye-opening and heart-expanding experience?
You're in the right place!

Dalisia specializes in dissolving unconscious resistance to women's leadership and building vibrant teams and organizations. She hosts the **Frontline Women Podcast** and is the author of ***Strong Women Rising: How to Overcome Resistance, Build Trust, and Change Our World.*** Read on to discover the perfect topic for your event.

SIGNATURE KEYNOTES

Free to Lead

YOU CAN BE THE BALANCE THAT
CREATES BETTER LEADERSHIP

Ideal Audience: Corporate teams and women's groups.

Value: Learn the origins and impacts of resistance to female leadership, what organizations can do to overcome it, and how talented women can transform their careers and make the impact they were created to make.

Takeaways: In this program, your audience will learn...

- How our beliefs about women in leadership are formed
- Why all genders tend to resist strong women in leadership roles in the workplace and community
- What maternal triangulation and paternal approval seeking look like in our everyday interactions
- Dalisia's path from driven but frustrated change agent to influential leader and community builder
- How helping strong women overcome the *Hero-to-Villain Cycle* helps everyone perform at their best

The Science of Self-Defeat

OVERCOME IDENTITY THREATS
AND BE YOUR BEST

Ideal Audience: Corporate teams and women's groups.

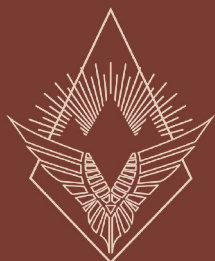
Value: Discover how stereotypes and identity threats can inhibit a person's performance even when others aren't treating them differently. Learn how we defeat ourselves, how to overcome it, and how others can help.

Takeaways: In this program, your audience will learn...

- How social identity threats inhibit one's performance
- Why teams avoid having the one discussion that matters the most for high performance
- Research around identity threats, self-defeating actions, and group behaviors that reinforce them
- How teams can work together to overcome the trap of self-silencing and underperformance
- How leaders can support and coach others to give their best everyday while building self-confidence

Additional topics: Effective Leadership, Perseverance, and Resilience
PRESENTATIONS CAN BE DELIVERED AS A KEYNOTE OR WORKSHOP

"Together, we can dissolve resistance to women's leadership one story, one mind, at a time."



Listen to the Podcast 🎧 *Frontline Women* | Find me on  [Linkedin.com/in/dalisiacoppersmith](https://www.linkedin.com/in/dalisiacoppersmith)

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